NOTICE TO ALL EMPLOYEES

IN THE EVENT OF A WORK INJURY, TELL YOUR SUPERVISOR!

If you are injured while at work, your employer has arranged for payment of your medical care with:

The Shadowfax Corporation / PCPA / INSERVCO

386 Pattison Street, York, PA 17403 (717) 854-7742

It is your responsibility to immediately report the injury to your supervisor.

IN CASE OF A WORK-RELATED INJURY OR DISEASE:

In accordance with the PA Worker's Compensation Act, you must choose a medical provider from the list below. If you suffer a work-related injury or disease, your employer or its insurance company will pay for reasonable surgical and medical services, medication, supplies, orthopedic appliances and prostheses, including training in their use. In order to ensure that your medical treatment will be paid for by your employer or its insurance company, you must select from one of the licensed physicians or practitioners of the healing arts listed below:

UPMC Express Care locations:

Greenbriar Medical Center 520 Greenbriar Rd., York, PA 17404 (717) 764-9729

2030 Thistle Hill Dr.., Spring Grove, PA. Spring Grove, PA. (717) 225-9869

5615 York Rd, New Oxford, PA. (717) 624-1337

1404 Baltimore St. Hanover, PA (717) 637-0470

Concentra Medical Center 970 Loucks Rd., York PA 17404 (717) 764-1008

Patient First 2960 E. Market St York, PA. 17402 717-751-2483

Med Express 400 Loucks Rd York, PA. 17404 717-845-2273

General Surgeon

Wellspan- Apple Hill Surgical Center 25 Monument Rd., Suite 220, York PA 17403 (717) 41-0733 or (717) 843-0637

Physical Therapy

CPRS

3601 East Market St. York, PA. 17402 (717) 755-2120

Orthopaedic & Spine Specialists 1855 Powder Mill Rd., York, PA 17402 (717) 848-4800

Orthopaedic

Orthopaedic & Spine Specialists 1855Powder Mill Rd. York,PA 17402 (717) 848-4800 Urgent care (717) 747-8315

Orthopaedic & Spine Specialists 1750 5th Ave., Suite 201, York PA 17403 (717) 848-2297

Orthopaedic & Spine Specialist Hospital 1861Powder Mill Rd., York PA 17403 (717) 718-2000

Imaging (x-ray/CAT scan/MRI) One Call Medical 800-872-2875

Neurology

Dr. Anthony May 228 St. Charles Way, York PA 17402 (717) 851-5503

Ophthalmology/Ophthalmic Surgery Ophthalmology Associates of York

1945 Queenswood Dr., York PA 17403 (717) 846-6900

Chiropractic

Leader Heights Healthcare 2595 S. George St., York, Pa. 17403 866-446-2848

Eye Injuries

Jacques Surer, MD 1750 5th Ave., Suite 301, York PA 17403 (717) 843-7829

Internal Medicine

Internal Med. Consultants of York 1777 Fifth Ave., York, PA. 17403 (717) 843-8051

- <u>That the employee has the duty</u> to obtain treatment for work-related injuries and illnesses from one or more of the designated health care providers for 90 days from the date of the first visit to a designated provider.
- <u>That the employee has the right</u> to have all reasonable medical supplies and treatment related to the injury paid for by the employer as long as the treatment is obtained from a designated provider during the 90-day period.
- <u>That the employee has the right</u>, during this 90-day period, to switch from one health care provider on the list to another provider on the list, and that all the treatment shall be paid for by the employer.
- <u>That the employee has the right</u> to seek treatment from a referral provider if the employee is referred to him by a designated provider, and the employer shall pay for the treatment rendered by the referral provider.
- <u>That the employee has the right</u> to seek emergency medical treatment from any provider, but that subsequent nonemergency treatment shall be by a designated provider for the remainder of the 90-day period.
- <u>That the employee has the right</u> to seek treatment or medical consultation from a non-designated provider during the 90-day period, but that these services shall be at the employee's expense for the applicable 90 days.
- <u>That the employee has the right</u> to seek treatment from any health care provider after the 90-day period has ended, and the treatment shall be paid for by the employer, if it is reasonable and necessary.
- That the employee has the duty to notify the employer of treatment by a non-designated provider within five (5) days of the first visit to that provider. The employer may not be required to pay for treatment rendered by a non-designated provider prior to receiving this notification. However, the employer shall pay for these services once notified, unless the treatment is found to be unreasonable by a URO, under Subchapter C.

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